



# Habit Tracker

Month: \_\_\_\_\_

Habit: \_\_\_\_\_

A large circular grid designed for tracking a habit. The grid is composed of 31 segments arranged in a ring, representing the days of a month. Each segment is a trapezoidal shape, wider at the outer edge and narrower at the inner edge. The segments are separated by thin lines, and the entire ring is defined by a double-line border.